

## A. J. HOME HEALTH SERVICES

### Doctor Consultation:

- Doctor visits in liaison with Primary Physician as required.
- Assessment and Symptom Management
- Counselling

### Nursing Care:

- Nursing Assessment
- Wound Care
- Urinary Catheterisation
- Ryle's Tube Insertion and Feeding
- Tracheostomy Care
- Suture Removal
- Feeding Procedure
- Basic IV Procedure
- Bowel & Bladder Care
- General Hygiene Care
- Bed Sore Assessment & Management

### Physiotherapy and Occupational Therapy

- Orthopaedic Injuries
- Sports Injuries
- Back and Neck Pain
- Fall Prevention for Elders
- Activity-based Therapy
- Environmental Modifications

### Stoma Therapist:

- Ileostomy Care
- Colostomy Care
- Stoma Care & Training of Care Givers

### Dietary Planning



## A. J. Home Health

Older Adult and Palliative Care Services



### A. J. Home Health

Older Adult and Palliative Care Services

Geriatric & A. J. Home Health Desk  
5th Floor, 'B' Block

Timing: 09:00 am to 05:00 pm

For appointment call: +91 779 547 3777

Email: homehealth@ajhospital.in

Website: www.ajhospital.in



In case of Emergency or  
requirement of  
Ambulance Service  
Call Casualty Medical  
Officer: 0824-2225555

☎ 779 547 3777



**A. J. Hospital & Research Centre**

Kuntikana, Mangaluru - 575 004. INDIA

Website: www.ajhospital.in





**A. J. Home Health**  
Older Adult and Palliative Care Services

☎ 779 547 3777



#### HOME HEALTH IS SUITABLE FOR:

- Patients with progressive cancer.
- End stage renal / respiratory / cardiac / neurological illnesses.
- Person is bed bound and not able to self-care or be cared for.
- Person is temporarily immobile due to injury or post treatment.

A. J. Home Health is an exclusive unit of A. J. Hospital & Research Centre for providing older adult care and palliative care (at patient's doorstep) in the comfort and privacy of patient's home.

A. J. Home Health team comprises of specially-trained doctors, nurses, social workers, Dietician, physiotherapists and others who work together with the patient's doctors to provide an extra layer of support.

#### WE PROVIDE A. J. HOME HEALTH SERVICES

- At an affordable cost
- Within 20 km radius of the hospital
- 9 am to 5 pm from Monday to Friday
- In liaison with primary physician
- Weekend ambulance service in case of emergencies

#### OLDER ADULT CARE

It is care of an older adult with physical and / or mental impairments to meet their long term care needs, improve their quality of life and maintain their independence for as long as possible. Specified wards are also designated in the hospital setting for older adult care.

#### PALLIATIVE CARE

Palliative care is specialized medical care for people with life threatening illness, such as cancer, end stage congestive heart failure, end stage respiratory failure, end stage kidney failure and end stage neurological conditions. It focuses on providing relief from pain and other symptoms of a serious illness.