

Preventive health checkup programmes

Health is Happiness



A. J. Hospital & Research Centre



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HEALTH - HOPE - HAPPINESS



'Prevention is better than cure'

Preventive Health Check-up Programmes

Fast life and changing lifestyle have made us take health for granted. You never know when your current lifestyle could adversely affect your health. As the old adage goes, 'Prevention is better than cure'; regular health check-up could give a comprehensive profile of the body, which can probably interpret signals, giving opportunity for early detection. Early detection is the key to economical cure. A. J. Hospital & Research Centre is making an effort to popularize the concept of positive lifestyle through its preventive health check-up packages, designed to meet the needs of varying age groups. It is more economical to go for a health check than visiting a hospital at the time of distress.

Advantages of preventive health check-up

- Early detection of diseases and health disorders.
- Timely remedy ensures treatment before matters get out of hand.
- Saves you high cost of treatment.
- Your life can go on smoothly without disruption as your healthcare is well planned.
- Get the benefit of hi-end medical technology.
- Helps you to constantly monitor your health and get timely advice keeping in mind your age, occupation and the other conditions influencing your health.
- Can be life saving too.

A regular complete health check-up is very important for maintaining good health.

Go for a complete health check-up now.

Please follow the guidelines listed below:

1. Fix your appointment at least 24 hours before by calling 0824 -661 3165 Extn. 165.
2. Report at the Health check-up lounge by 7.00 a.m. for tests on fasting or at the appointed time i.e., between 7.00 a.m. and 8.00 a.m.
3. 10-12 hours (overnight) fasting and abstinence from alcohol essential. Do not have milk / tea / coffee in the morning if you have to do tests on fasting. However, you may take plain water.
4. In case you are under certain medication, you can take the same as prescribed and inform the Health Check Executives before commencing the Health Check. Please bring along your previous medical records.
5. Additional tests / investigations / procedures / consultations can be provided on request or if required. These will be billed separately in addition to the package payment.
6. If you are referred by any company, please inform the reception desk.



Executive Health Checkup (Men)

Rs. 6,500/-

- Registration
- Clinical Examination
- Physician's Consultation
- Complete Blood Count
- Liver Function Tests
- Renal Function Tests
- Sugar: F B S, P P B S & HbA1c
- Lipid Profile
- Thyroid Function Tests: T3, T4, TSH
- Urine analysis
- E C G
- Echocardiogram or T M T
- Chest X-ray
- Ultrasound Abdomen
- ESR
- PSA

Optional:

- Cardiac C T **at additional Rs. 6,000/-**
- Bone Mineral Densitometry **at additional Rs. 1,500/-**



Executive Health Checkup (Women) (Well Woman Programme)

Rs. 6,500/-

- Registration
- CBC
- LFT
- RFT
- FBS, PPBS and HbA1C
- TFT
- Urine
- Test for Calcium and Vitamin 'D'
- FLP
- ECG
- Echo / TMT
- Chest X-Ray
- Ultrasound Abdomen
- Mammography
- PAP Smear
- Self Breast Examination Training
- Clinical Examination
- Gynaecology Consultation
- Physiotherapy Consultation
- Dietician Consultation





Comprehensive Health Checkup (Men & Women)

Rs. 3,500/-

- Registration
- Physician's Consultation
- Clinical Examination
- Nutritionist's Consultation
- Complete Blood Count
- Liver Function Tests
- Renal Function Tests
- Sugar: F B S / P P B S
- Lipid Profile
- Urine analysis
- E C G
- Chest X-ray
- Ultrasound Abdomen



Cardiac Health Checkup (Men & Women)

- Rs. 4,500/-

- Registration
- Clinical Examination
- Cardiologist's consultation
- Nutritionist's Consultation
- Lipid Profile
- Renal Function Tests
- Sugars: F B S / P P B S
- E C G
- Echocardiogram
- T M T



Child Health Checkup - Rs. 2,500/-

(Age: 1 - 14 Years)

- Registration
- Clinical Examination
- Pediatrician's Consultation
- Ophthalmology Consultation
- Nutritionist's Consultation
- Complete Blood Count
- Blood Group Rh typing
- Stool analysis
- Urine analysis
- Ultrasound Abdomen



Cancer Screening (Men)

- Rs. 2,500/-

- Registration
- Clinical Examination
- Urologist's Consultation
- Complete Blood Count
- P S A
- Stool analysis
- Urine analysis
- Ultrasound Abdomen
- Trans rectal Ultrasound (As per suggestion)
- Chest x-ray



Cancer Screening (Women)

- Rs. 2,500/-

- Registration
- Clinical Examination
- Gynaecologist's Consultation
- Complete Blood Count
- P A P smear
- Stool analysis
- Urine analysis
- Ultrasound Abdomen
- Mammogram / Sonomammo





Obesity Health Checkup (Men & Women)

Rs. 5,000/-

- CBC
- Liver Function Test
- Renal Function Test
- Lipid Profile
- Urine Analysis
- Sodium, Potassium, Magnesium & Calcium
- FBS, PPBS
- HbA1c
- Thyroid Profile
- ECG, TMT/2D Echo
- Chest X-ray
- Ultrasound Abdomen
- PFT
- Consultation - Bariatric Surgeon
- Consultaion - Physician
- Consultation - Endocrinologist
- Dietitian Advice

Diabetes Care Packages (Men & Women)

Package - 1 (Rs. 5,000/-)

Hb, HbA1c, Creatinine, Lipid Profile, SGPT, SGOT, RBS, Pedobarography, Biothesiometer, ECG, 2D Echo, CV Doppler, USG abd, UP: UC, Consultation & Preventive Education, Eye Examination & Dental Examination

Package - 2 (Rs. 4,000/-)

Hb, HbA1c, Creatinine, TG, HDL, LDL, ABPI, SGPT, SGOT, RBS, Pedobarograph, Biothesiometer, ECG, 2D Echo, UP: UC, Consultation & Preventive Education, Eye Examination & Dental Examination

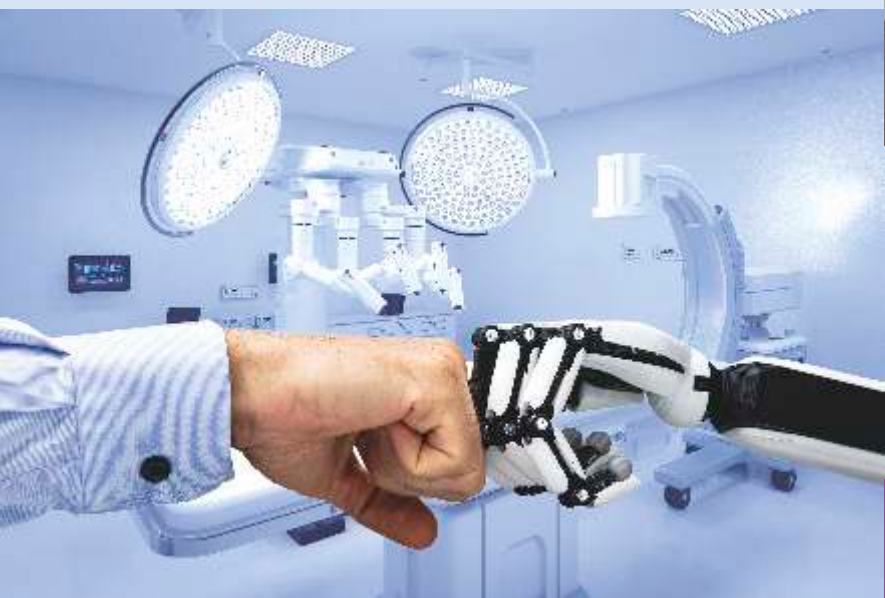


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A. J. Hospital & Research Centre



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DEPARTMENTS & FACILITIES

SUPER SPECIALITIES

Cardiology
Cardiothoracic Surgery
Endocrinology
Emergency Medicine
Gastroenterology
Interventional Radiology
Medical Oncology
Nephrology
Neurology
Neuro Surgery
Nuclear Medicine
Paediatric Cardiology
Paediatric Cardiac Surgery
Paediatric Surgery
Pain & Palliative Medicine
Plastic & Microvascular Surgery
Radiation Oncology
Surgical Gastroenterology
Surgical Oncology
Urology, Andrology &
Transplant Surgery

SPECIALITIES

Anaesthesiology
Dentistry
Dermatology
ENT
General Medicine
General Surgery
OBG
Ophthalmology
Orthopaedics
Paediatrics
Physiotherapy
Psychiatry
Pulmonary Medicine
Radio Diagnosis

SUPPORT DEPARTMENTS

Ambulance
Cafeteria & Dietary
Casualty
Component Blood Bank
Computerised X-Ray
Corporate Desk
Daycare
Health Check-up Lounge
Laboratory
Laminar Flow OT
Pharmacy

SPECIAL EQUIPMENTS

Automated Digital X-Ray
CT Scan 128 Slice Dual Source
Cathlab
Computer Navigated System
DaVinci Robotic System
DEXA Scan
Dialysis Unit
EEG & ENMG
Echocardiogram
Gamma Camera
HDR Brachithery
Holmium Laser
Leneax Accelerator
Lithotripsy
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TMT
Ultrasound, 4D, TV, TR
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Cardiothoracic ICU
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Neonatal ICU
Neuro ICU
Paediatric ICU
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Surgical ICU

SPECIALITY CLINICS

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Back Pain Clinic
Catheter Clinic
Diabetic Wellness Clinic
Infertility Clinic
Joint Replacement & Arthroscopy
Obesity Clinic
Stroke Clinic



Call: 0824 - 222 5555
for 24x7 EMERGENCY SERVICES



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