

DIABETES WELLNESS CENTRE

Team of Doctors:

Dr. Ganesh H. K.

M.D. (Medicine), D.M. (Endocrinology)
Consultant Endocrinologist

Dr. Kishan Delampady

MD, DM (Endocrinology)
Consultant Endocrinologist

Dr. Shilpa Mulki

MD (Internal Medicine), F. Diab (CMC, Vellore)
Consultant Physician, Fellow in Diabetology

DIABETES WELLNESS CENTRE

For a holistic approach

DEPARTMENTS & FACILITIES

SUPER SPECIALITIES

Cardiology
Cardiothoracic Surgery
Diabetology
Endocrinology
Emergency Medicine
Gastroenterology
Interventional Radiology
Medical Oncology
Nephrology
Neurology
Neuro Surgery
Nuclear Medicine
Paediatric Cardiology
Paediatric Cardiac Surgery
Paediatric Surgery
Pain & Palliative Medicine
Plastic & Microvascular
Surgery
Radiation Oncology
Surgical Gastroenterology
Surgical Oncology
Urology, Andrology &
Transplant Surgery

SPECIALITIES

Anaesthesiology
Dentistry
Dermatology
ENT
General Medicine
General Surgery

OBG

Ophthalmology
Orthopaedics
Paediatrics
Physiotherapy
Psychiatry
Pulmonary Medicine
Radio Diagnosis

SUPPORT DEPARTMENTS

Ambulance
Cafeteria & Dietary
Casualty
Component Blood Bank
Computerised X-Ray
Corporate Desk
Daycare
Health Check-up Lounge
Laboratory
Laminar Flow OT
Pharmacy

SPECIAL EQUIPMENTS

Automated Digital X-Ray
CT Scan 128 Slice Dual Source
Cathlab
Computer Navigated System
DEXA Scan
Dialysis Unit
EEG & ENMG
Echocardiogram
Gamma Camera
HDR Brachitherapy

Holmium Laser

Linear Accelerator
Lithotripsy
MRI 1.5 Tesla
Mammography
PET-CT
Spirometry
TMT
Ultrasound, 4D, TV, TR
Urodynamic Lab
Video-Endoscopy

INTENSIVE CARE UNITS

Burns ICU
Cardiac ICU
Cardiothoracic ICU
Medical ICU
Neonatal ICU
Neuro ICU
Paediatric ICU
Respiratory ICU
Surgical ICU

SPECIALITY CLINICS

Breast Health Clinic
Back Pain Clinic
Catheter Clinic
Diabetes Wellness Centre
Infertility Clinic
Joint Replacement &
Arthroscopy
Obesity Clinic
Stroke Clinic



Location: Daycare Services
Room No.: 1., 3rd Floor, 'B' Block
Contact: +91 890 400 1123



A. J. Hospital & Research Centre



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Diabetes Care Programme

Tailoring your Diabetes care to the tee, is our vision, it includes Long-term-complications management, for a better quality of life for the long haul. Our expert team, will provide an individualised plan, for treating Diabetes holistically. Guidance in self-care training, newer and older well approved medications and advanced screening techniques are available as part of this clinic.

The main goal of the 'Diabetes Wellness Centre' is to allow patients with diabetes to gain greater power over their own health and well-being through education and knowledge to diabetes management.

Types of diabetes:

- Type 1
- Diabetes in Pregnancy
- Type 2
- Secondary Diabetes
- Other rare forms

Why be a part of the Diabetes Care Programme ?

- Expert team work :
 - Diabetologist / Endocrinologist
 - Diabetes educator
 - Diet guidance
 - Physiotherapy advise
 - Yoga therapy
- Advanced technology



Preventive care

Self care is key

- **Diet** - We are what we eat, learn to tweak your diet as needed.
- **Exercise** - Which is best suited for you, in different seasons, with different ailments.
- **Foot care** - Right footwear, what can be done at home, what to look out for.
- **Regular screening** for new onset complications like eye, heart, kidney and nerve problems.

Prevention of complications, is a vital aspect of management of your diabetes and this is the vision of the 'Diabetes Wellness Clinic'.



Diabetic Care Packages

1. Package 1 (₹ 7,000):

Hb, HbA1c, Creatinine, Lipid Profile, SGPT, SGOT, RBS, Pedobarography, Biothesiometer, ECG, 2D Echo, CV Doppler, USG abd, UP: UC, Consultation & Preventive Education, Eye Examination & Dental Examination

2. Package 2 (₹ 4,500):

Hb, Creat, HbA1c, TG, HDL, LDL, ABPI, SGPT, SGOT, RBS, Pedobarograph, Biothesiometer, ECG, 2d Echo, UP: UC, Consultation & Preventive Education, Eye Examination & Dental Examination

3. Package 3 (₹ 3,500):

Foot Special: Hb, Hba1c, Creat, ABPI, SGPT, SGOT, RBS, Pedobarography, Biothesiometer, Consultation